

Datblygu arferion da o ran datblygu cymunedol a hynny trwy hyfforddiant



Developing community development practice through training

Enw'r cwrs:

POBL IFANC YN NEWID CYMUNEDAU

Crynodeb:

Sesiynau i sbarduno'r broses datblygu cymuned gyda phobl ifanc oed 12-25.

**Bydd yn rhaid i oedolion sy'n nabod y pobl ifanc yn dda fynychu'r sesiynau gyda'r grŵp a bod yn barod i gynnig cefnogaeth parhaol i'r pobl ifanc gyda'u gwaith datblygu cymuned. Dylai'r oedolion fod a phrofiad o weithio gyda phobl ifanc a phrofiad o waith datblygu cymuned neu cymwyster cydnabyddedig neu'n barod i fynychu hyfforddiant eu hunan.

Mae'r sesiynau'n cynnwys:

- ☛ be' sy'n bosib a be' ydi'r pwynt? (esiampiau o ddatblygu cymuned)
- ☛ beth yw'r stori? (ymchwil lleol)
- ☛ pwy ni? (adeiladu tim)
- ☛ be' mae pobl eisau? (cyflwyno'r canlyniadau ac ymgynghori)
- ☛ be nesaf? (blaenoriaethu a chynllunio)
- ☛ be ti'n feddwl? (gwerthuso)

Sesiynol opsiynol:

- ☛ Trefnu gweithdy
- ☛ Trefnu cynhadledd
- ☛ Cyllid a pharatoi ceisiadau
- ☛ Paratoi cyflwyniad
- ☛ Trefnu ymweliad i gynllun cymunedol
- ☛ Gweithio gydag asiantaethau a phartneriaethau
- ☛ Cael pobl ifanc eraill i gymryd rhan
- ☛ Meddwl am be 'rydym yn ei wneud

Arddull:

Pobl ifanc yn ymgymryd a thasgau ymarferol yn eu cymunedau eu hunain. Y pwyslais ar weithgareddau ymarferol a phroses wedi ei arwain gan bobl ifanc.

Name of course:

YOUNG PEOPLE CHANGING COMMUNITIES

Summary:

Sessions to kick start the community development process with young people aged 12-25.

**Adults who know the young people well must attend all the sessions with the group and be prepared to offer on-going support for the young people with their community development work. The adults must either have experience of working with young people and experience of community development work or a recognised qualification or be prepared to undertake prior training.

Sessions include:

- ☛ what's possible & what's the point? (examples of community development)
- ☛ what's the story? (local research)
- ☛ what us? (team building)
- ☛ what do people want? (presenting the results and consultation)
- ☛ what next? (prioritizing and action planning)
- ☛ what do you think? (evaluation)

Optional sessions:

- ☛ Organizing a workshop
- ☛ Organising a conference
- ☛ Funding and funding applications
- ☛ Doing a presentation
- ☛ Organising a visit to community projects
- ☛ Working with agencies and partnerships
- ☛ Getting other young people to participate
- ☛ Thinking about what we do

Style:

Young people undertake practical tasks in their own community. The emphasis is on practical activity and a young people-led process.

Nifer o sesiynau: 14

Oriau: 2

Maint y grŵp: 8 -10

Achrediad:

Rhwydwaith Coleg Agored

Number of sessions: 14

Hours: 2

Size of group: 8-10

Accredited:

Open College Network