

Datblygu arferion da o ran datblygu cymunedol a hynny trwy hyfforddiant



Developing community development practice through training

Enw'r cwrs:

SGILIAU HWYLUSO

Crynodeb:

Anelir y cwrs at unigolyn sy'n newydd i hwyluso cyfarfodydd/sesiynau gyda grwpiau cymunedol.

Y pynciau dan sylw:

- ☞ Rol y hwylusydd a'r sgiliau angenrheidiol
- ☞ Athroniaeth a phroses gwaith grŵp
- ☞ Syniadau ymarferol
- ☞ Cyfle i ymarfer

Arddull:

Arddull cyfranogol anffurfiol sy'n galluogi'r grŵp i drafod unrhyw beth sy'n ei poeni a chael cynnig atebion.

Name of course:

FACILITATION SKILLS

Summary:

This course is aimed at those who are new to facilitating meetings/sessions with community groups.

Topics covered:

- ☞ Role of the facilitator and the skills required
- ☞ Groupwork process and theory
- ☞ Practical tips
- ☞ Opportunity to practice

Style:

Informal participative style that will allow the group to talk through any concerns they may have and hopefully be offered solutions.

Nifer o ddyddiau: 2

Oriau: 6

Maint y grŵp: 8-10

Number of days: 2

Hours: 6

Size of group: 8-10

